

Clerics of St. Viator

ADVENT 2023 - *LIVING LAUDATO SI'*

Join Laudato Si' efforts to care for our common home during Advent. Each day addresses one of the seven goals of the Laudato Si' Action Platform, denoted by the color above the action.

Respond to the Cry of the Earth



Respond to the Cry of the Poor



Foster Ecological Economics



Adopt a Sustainable Lifestyle



Promote Ecological Education



Practice Ecological Spirituality



Community Empowerment



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DEC. 3

Reduce your paper usage this Advent and Christmas. Wrap gifts creatively using materials you have at home. Send an e-card or better still, call!

DEC. 4

Donate to help those in need, the elderly or immigrants. And pray for their well being.

[Donate here](#)



DEC. 5

Shop locally and support businesses in the community. Tell owners how much you appreciate their efforts and encourage others to do likewise.

DEC. 6

Instead of a new outfit for Christmas, upcycle what you have in a new way. Think about how/who makes your clothes. Ask yourself, do I really need something new?

DEC. 7

Read or re-read Pope Francis' [Encyclical, Laudato Si'](#).



DEC. 8

Today is the Feast of the Immaculate Conception. Say the Rosary today with intentions for all of life. Pray to Mary for her unconditional

"YES."

DEC. 9

Give time to a local group to clean and preserve public land. Involve young people in the activity and explain the idea of common good.

DEC. 10

[Read](#) about the impact of climate change on the most vulnerable.



DEC. 11

Initiate "Meatless Mondays" at home. At the table, discuss the reduction of harmful gases, and how this can help protect our air.

DEC. 12

Adjust your thermostat downward and put on another layer. Pray for those facing the winter without sufficient heat or no power at all.

DEC. 13

[Read](#) about fuel exit strategies and just transitions to renewables.



DEC. 14

Celebrate the Eucharist often during Advent to prepare your hearts for Jesus, God's gift to humanity.

DEC. 15

Participate as a conscientious citizen. Take a greater interest in local policies related to environmental justice.

DEC. 16

[Watch](#) The Letter, a documentary film about Laudato Si'.



DEC. 17

Advocate for a ["circular economy."](#)



DEC. 18

Pray for those affected by biodiversity loss. Not just the species, but those dependent on them for maintaining a healthy balance.

DEC. 19

Consider if you would treat Jesus the same way you treat the earth and its most vulnerable. Pray about how you better care for your relationship with Jesus and creation.

DEC. 20

[Write letters to Congress](#), stating your position on the issues that address care for creation.



DEC. 21

Know the rules for your waste hauler. Make sure everyone in your household understand what is recyclable. Be diligent!

DEC. 22

Practice sustainable fashion. Let your creative spirits be free and end your enslavement to trends on social media.

DEC. 23

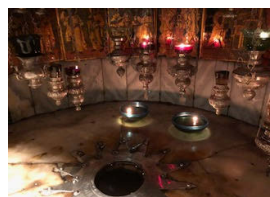
Think about the journeys of the Holy Family to Bethlehem and later to Egypt. Take a walk and ponder all the reasons compelling people to leave their homes.

DEC. 24

Consider making a [year-end donation](#) to groups that deliver on their mission to the poor.



DEC. 25 - PRAY FOR PEACE IN THE MIDDLE EAST



Cave where Jesus was born Bethlehem, West Bank, Palestine

